

AMERICAN NEUROGASTROENTEROLOGY AND MOTILITY SOCIETY • ANNUAL MEETING • 2026



Clinical Course

New ways of thinking about clinical neurogastroenterology

August 7–9, 2026

Westin Denver Downtown • Denver, Colorado



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

Pre-Meeting Program • Fellows Only

Advanced Motility Program for Fellows

August 6, 2026

Application deadline: May 10, 2026

motilitysociety.org

Advanced Motility Program for Fellows

supported by Laborie Medical Technologies

Thursday, August 6, 2026

7:30 am–8:00 pm

Program (*invitees only*)

Clinical Course • New ways of thinking about clinical neurogastroenterology

Thursday, August 6, 2026

4:00–6:00 pm

Registration

4:00–6:00 pm

Exhibitor Setup

Friday, August 7, 2026

7:00 am–5:30 pm

Registration

7:00–8:00 am

Breakfast • **Visit Exhibits**

8:00–9:15 am

Electroceuticals

Moderators:

8:00 am

Welcome

8:15 am

Jump-starting the stomach: Gastric stimulation for nausea, gastroparesis, and dyspepsia
Peter Lu

8:30 am

"Shocking" interventions for constipation and fecal incontinence
Satish Rao

8:45 am

Rewiring the gut–brain axis: Non-invasive vagal stimulation
Linda Nyugen

9:00 am

Moderated discussion — Paradigm shift or passing fad?
Moderators and Speakers

Friday, August 7, 2026 *continued*

9:15–10:15 am	Abdominal Pain Points Moderators:
9:15 am	The holy grail of DGBIs: Chasing biomarkers that matter <i>Pankaj Jay Pasricha</i>
9:30 am	Can we change the story? Early intervention and the prevention of CAPS <i>Lin Chang</i>
9:45 am	Abdominal migraines: A new diagnosis or an old headache? <i>Carlo Di Lorenzo</i>
10:00 am	Discussion
10:15–10:45 am	Break • Visit Exhibits
10:45 am–12:00 pm	Motility and Metabolism Moderators:
10:45 am	Obesity in the GI clinic: Prescribing GLP-1 RAs and managing their complications <i>Andres Acosta</i>
11:00 am	Diabetic enteropathy: A primer on presentation and management <i>Shanti Srinivasan</i>
11:15 am	Pediatric tube feeding: Pearls, pitfalls, and long-term considerations <i>Rachel Rosen</i>
11:30 am	Rethinking weight in gastroparesis: A window into nutrition and motility <i>Henry Parkman</i>
11:45 am	Discussion
12:05–1:10 pm	Lunch • no speaker • Visit Exhibits
12:05–12:35 pm	Product Theater • TBA • Lunch
12:40–1:10 pm	Product Theater • TBA • Lunch
1:15–2:30 pm	Diet and DGBI Moderators:
1:15 pm	Why food hurts: Pathophysiological mechanisms of food intolerance in DGBI <i>Prashant Singh</i>
1:30 pm	Personalizing diet in IBS: Empiric trials or targeted testing? <i>Andrea Shin</i>
1:45 pm	Dietary approaches beyond IBS: Managing other disorders of gut–brain interaction <i>Anthony Lembo</i>
2:00 pm	Feeding disorders: Leaving ARFID in the rearview mirror <i>Alan Silverman</i>
2:15 pm	Discussion
2:30–3:15 pm	ANMS Lifetime Achievement Award Introduction:
3:15–3:45 pm	Break • Visit Exhibits

Friday, August 7, 2026 *continued*

3:45–5:00 pm	Women's Health in Neurogastroenterology Moderators:
3:45 pm	Menses, menopause, and motility: How normal physiology interacts with DGBI <i>Rachel Sarnoff</i>
4:00 pm	The birds and the GI bees: Why GI physicians should care about sexual health <i>Alyse Bedell</i>
4:15 pm	Pelvic considerations for your next IBS consult <i>Meghan Markowski</i>
4:30 pm	Case Presentation and Discussion — Management of endometriosis with trauma and IBS <i>Moderators and Speakers</i>
5:00–5:45 pm	Women in Neurogastroenterology & Motility Session
5:30–7:00 pm	Welcome Reception

Saturday, August 8, 2026

6:30–7:30 am	Yoga • <i>Open to participants who have paid</i>
7:00 am–5:30 pm	Registration
7:00–8:00 am	Breakfast • Visit Exhibits
8:00–8:45 am	ANMS Distinguished Investigator Award for Women in Neurogastroenterology Introduction:
8:45–10:00 am	Peripheral Pharmacotherapy Moderators:
8:45 am	Modulating mucosal immunity: Pharmacological treatment of eosinophilic esophagitis <i>Kristle Lynch</i>
9:00 am	The physiology behind pharmacotherapy: Understanding gastroparesis treatment <i>William Hasler</i>
9:15 am	Optimizing pharmacologic therapy for chronic constipation <i>Leila Neshatian</i>
9:30 am	From mechanisms to medicines: Pharmacological management of IBS-D and IBS-M <i>Darren Brenner</i>
9:45 am	Discussion
10:00 am	The Power of Purpose: What ANMS achieved this year — research, education, advocacy — and a community that delivers <i>Adil Bharucha</i>
10:15–10:45 am	Break • Visit Exhibits
10:45 am–12:00 pm	Pharmacologic Neuromodulator Symposium — Case based Moderators:
10:45 am	Putting the fun back in functional heartburn and globus <i>Daniela Jodorkovsky</i>
11:00 am	Got functional dyspepsia (FD) or gastroparesis? We can help neuromodulate your way through the pain and nausea <i>David Levinthal</i>

Saturday, August 8, 2026 *continued*

11:15 am	Neuromodulating the bowels: What to do when pain and bloating persist in IBS <i>Kyle Staller</i>
11:30 am	Special considerations in pediatric neuromodulation <i>Sam Nurko</i>
11:45 am	Discussion
12:05–1:10 pm	Lunch • no speaker • Visit Exhibits
12:05 –12:35 pm	Product Theater • TBA • Lunch
12:40–1:10 pm	Product Theater • TBA • Lunch
1:15–2:30 pm	The Expanding Toolkit: Non-pharmacologic DGBI interventions Moderators:
1:15 pm	The mind–gut conversation: Guiding patients through integrative therapies <i>Elyse Thakur</i>
1:30 pm	From pantry to practice: Therapeutic role of herbals, supplements, and medicinal foods <i>William Chey</i>
1:45 pm	THC and CBD: What GI professionals need to know for DGBI management <i>Thangam Venkatesan</i>
2:00 pm	Demonstration of gut-directed hypnotherapy — A live audience experience <i>Jessica Salwen-Deremer</i>
2:20 pm	Discussion
2:30–3:00 pm	Break • Visit Exhibits
3:00–4:00 pm	Microbiome Symposium Moderators:
3:00 pm	Modulating the microbiome in IBS: From probiotics to live biotherapeutics <i>Eamonn Quigley</i>
3:15 pm	Applying microbiome science to DGBI <i>Purna Kashyap</i>
3:30 pm	Microbiome-based diagnostics in DGBI and motility disorders: Bridging clinical science and consumer demand <i>Ali Rezaie</i>
3:45 pm	Discussion
4:00–5:00 pm	Digital Therapeutics Moderators:
4:00 pm	Diet and symptom tracking in IBS: What's new in the digital space? <i>Madeline Berschback</i>
4:15 pm	Point–Counterpoint: Digital therapeutics: Get on board or get left behind <i>Eric Shah</i>
4:30 pm	Point–Counterpoint: Digital therapeutics: What is and isn't a substitute for the real thing <i>Sarah Kinsinger</i>
4:45 pm	Discussion
5:15–6:30 pm	Parallel Symposium
5:15–6:30 pm	Parallel Symposium

Sunday, August 9, 2026

7:00–10:00 am	Registration
7:00–8:00 am	Breakfast • Visit Exhibits
8:00–9:15 am	Physiologic Testing: What's new and what's next? Moderators:
8:00 am	Wireless plans: Updates in capsule-based motility testing <i>Lavanya Viswanathan</i>
8:15 am	Esophageal function redefined: State-of-the-art metrics and modalities in 2026 <i>Walter Chan</i>
8:30 am	Gastrointestinal electrophysiology: Separating signal from noise <i>Bianca Chang</i>
8:45 am	Nuances and pitfalls in anorectal manometry <i>Adil Bharucha</i>
9:00 am	Discussion
9:15–10:15 am	Gas: Live, laugh, expel Moderators:
9:15 am	How I do it: My approach to excessive belching <i>Jose Garza</i>
9:30 am	Point-Counterpoint: My approach to bloating — taming excess gas <i>Nitin Ahuja</i>
9:45 am	Point-Counterpoint: My approach to bloating — just breathe <i>Jill Deutsch</i>
10:00 am	Panel discussion: A curious case of copious flatulence <i>Moderators and Speakers</i>
10:15–10:45 am	Break • Visit Exhibits
10:45 am–12:00 pm	ANMS Goes Viral Moderators:
10:45 am	Munchausen by internet: Tips and tricks to untangle the truth <i>Jessica Green</i>
11:00 am	Social identity, online communities, and symptom experience: A psychobiological perspective <i>Livia Guadagnoli</i>
11:15 am	Complex, contested, and crowd-sourced illnesses: MALS, MCAD, RCPD, POTS, EDS, nutcracker syndrome, and more <i>Gregory Sayuk</i>
11:30 am	AI in the motility clinic: A forecast <i>C. Prakash Gyawali</i>
11:45 am	Discussion
12:00 pm	Adjourn